



## LITTLE FORAGERS FOREST SCHOOL

*Outdoor Immersion Learning for ages 3-5*

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As a Forest School, we are committed to nature immersion, flow learning, and authentic play. We believe in intentionally slowing down to promote mindfulness, kindness, social connection, and self-empowerment. We aim to stimulate children's innate curiosity, foster compassion and empathy for the earth and all living beings, and allow space for emergent curriculum to unfold organically each day. Teachers' roles are as guides; actively modeling engagement in nature by using inquiry-based teaching strategies, making observations, and documenting learning.

### **Program Schedule:**

June 11 through August 31  
Tuesday 9:00-3:00  
Thursday 9:00-3:00

### **Cost:**

\$100 per day June-August\*  
Check, cash, Venmo  
\*Sliding scale

### **Daily Schedule:**

9-9:30- Drop off and prepare for nature play  
9:30-10:30- Nature Play  
10:30-11:00 Snack  
11:00- 12:15 - Nature Play  
12:15-1:00- Lunch  
1:00-2:00 - Quiet time play  
2:00-2:30 - Free play  
2:30-3:00 - Pick-up

### **Provided and stays at school:**

- Healthy morning snack
- child-sized Jansport day backpack
- Yeti water bottle
- Reima rain bibs
- Graco booster seat rated for 30 lbs+

### **Bring DAILY according to the weather in a backpack/bag:**

- Cold lunch
- Close-toed shoes are required
- Rubber boots
- Extra set of clothes
- Swimsuit
- Towel
- Brimmed hat
- Fleece Jacket
- Comfortable clothing
- Wool socks on cool/rain days
- Rain jacket and hat

**DRESSING YOUR CHILD:** Expect your child to come home dirty and wet. Children are encouraged to play and play can sometimes be messy. Please be aware of this when dressing your child. We will do our best to wear coveralls and rain suits when appropriate.

**NATURE PLAY:** includes activities such as hiking, pond study, gardening, guided nature study, painting, making a woodland band, building forts, and simply just playing in the mud or water.

**FIELD TRIPS:** As the water warms I would like to take the children to Grants Point or on "Field Trips" to places such as Casper Trail.

**RAIN DAYS:** We will meet at the property on Rough Road regardless of weather. Children will play outside on rain days, with the exception of thunder and lightning. If the weather is looking to be really poor an additional indoor option is my home on Old Fort Road. We'll bake cookies and make a fort and maybe watch a movie, you know splurge a little. ;)



## Themes for Little Foragers Forest School

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*Themes are a driver for learning.*

*We'll use themes in our stories, imaginary play, exploration, and activities.*

### **May**

7-9 - Getting to know you

14-16 - Pond Study - Amphibians

21-23 - Trees and Their Leaves

28-30 - Moss and other little things in the forest

### **June**

4-6 - Flower in Bloom

11-13 - Pond Study - Aquatic Insects

18-20 - How does your garden grow?

25-27 - Wild Mushrooms

### **July**

NO CLASS 2-4

9-11 - Water

16-18 - Berries

23-25 - Pond Study - Aquatic Plants

30-Aug 1 - Rainbows

### **August**

6-8 - Sunshine and the things it does

13-15 - Seasons

20-22 - Birds

27-29 - Outer Space